

# PETER HABELER ROUTE

FOLLOWING IN THE FOOD STEPS OF THE MOUNTAINEERING LEGEND FROM ZILLERTAL

Whether clockwise or anticlockwise, the aim is to circumnavigate the peaks of the Western Ziller Valley Alps. Possible start points include Ginzling in the Ziller Valley, St. Jodok, Schmirn (Toldern & Kasern) or Vals in the Wipp Valley. Alternatively it is also possible to join the trail from the Brenner, Pfitsch Valley, Schlegeis reservoir or Hintertux.

All valley locations can be reached by public transport (train or bus).

The trail covers a total distance of 56km including 4,990m ascent and 4,980m descent with stops at 6 mountain huts in the midst of beautiful alpine countryside.

## Route Description:

### **Geraer Hütte 2,324m - Tuxerjochhaus 2,316m**

The route starts in a northerly direction on path no. 527 to the Steinernen Lamm. A newly prepared section of path leads over old glacier moraines through the start of the Höllwand and further to the Kleegrubenscharte. Pass the Kasererscharte and the Frauenwand before beginning the descent over the Almböden to the Tuxerjochhaus. (Walking time 4.5 - 5 hours)

### **Tuxerjochhaus 2,316 m - Friesenberghaus 2,477 m**

There is a short descent via path no. 326 a little below the Lärmstange before the path continues in a southeasterly direction to the Spannagelhaus 2,531m. Cross moraines and scree fields to reach the highest point of the trail - the Friesenbergscharte at 2,911m. Descend the serpentine path to the Friesenberghaus. (Walking time 4.5 - 5 hours)

### **Friesenberghaus 2,477 m - Olpererhütte 2,389 m**

From the Friesenberghaus descend briefly past the small Friesenberg lake and then follow the serpentine path steeply upwards. Follow a short section of the Berliner High Alpine Path (Nr.526) as you gently descend to the Olpererhütte. (Walking time 2.5 hours)

### **Olpererhütte 2,389 m - Pfitscherjochhaus 2,275 m**

Follow path no. 502 along a section of the Neumarkter trail to the Unterschrammachkar at 2,280m. Following a short ascent beneath the Ameiskopf (2,400m) walk the steep trail (no. 528) past glacier-smoothed terrain and the Kastenschneid and below the Stampelkees to arrive at the Pfitscherjochhaus. (Walking time 3.5 hours)

### **Pfitscherjochhaus 2,275 m – Landshuter Europa-Hütte 2,693 m**

From the Pfitscherjochhaus pass a small lake and walk along the Landshuter Höhenweg (path no.3 / no.528) through a scraggy stony landscape in a westerly direction. This path was created at the beginning of the 20th century and leads to the Friedrichshöhe and the Landshuter Europa-Hütte. (Walking time 3 hours)

### **Landshuter Europa-Hütte 2,693 m - Geraerhütte 2,324m**

Follow the Geistbeck path (no.529) to the Sumpfschartl 2,666 m and continue over the long face in a northerly direction to the inneren Zeischalm and the Nockeralm car park at the end of the Valser valley. The ascent begins at the Gasthaus Touristenrast and follows path no. 502 through the alms of the far Valser Valley for 2.5km to the base station of the goods cable car. The flat path then snakes its way through a beautiful pine forest to the Ochsenhütte. From there the route continues east over high alpine meadows to the Geraerhütte at 2,324m. (Walking time 6.5 - 7 hours)



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## Starting the Peter Habeler Trail

### from Ginzling or Hintertux

#### **Ginzling - Friesenberghaus**

From the Naturparkhaus at approx. 1,000m above sea level walk in the direction of the parish church and then follow the Adlerweg (Eagle's path) in the direction of Rauth. At Reith take the turning to the right in the direction of the Pitzental. Continue past the Paschbergalm to the Pitzental at 1,871 m (Walking Time 2.5 hours). Follow the Berliner Höhenweg (no.536) south to the Friesenberghaus 2,477 m. (Walking Time 3 hours)

#### **Breitlahner - Friesenberghaus**

Park for free at the Naturparkhaus in Ginzling and then take the public bus to Breitlahner. The walk starts from directly behind the toll booth at a height of 1,256m. Take path no. 530 to the Berliner Höhenweg and then path 536 to the Friesenberghaus 2,477m. (Walking Time 3 ½ - 4 hours)

#### **Schlegeis - Friesenberghaus**

Start from the Dominikushütte at 1,805m and follow path no. 532 through a pine forest and past the Friesenberg Alm to reach the Friesenberghaus at 2,477m. (Walking Time 3 hours)

#### **Schlegeis - Olpererhütte**

Start from the 2nd car park (after the Schlegeis restaurant) and follow path no. 502 as it winds through the forest and over meadows to the Olpererhütte at 2,389m. (Walking Time 2 hours)

#### **Hintertux - Tuxerjochhaus and Hintertux - Friesenberghaus**

Take the cable car to the Sommerberg and follow path no. 324 to the Tuxerjochhaus (walking time 1 hour). Alternatively, go left towards the Spannagelhaus on path no. 326 and then take path no. 326 over the Friesenbergscharte to the Friesenberghaus. (Walking Time 4 ½ hours)

### from the Wipp Valley

#### **Vals (Car Park Nockeralmen)**

Follow path no. 502 from Gasthaus Touristenrast to the Geraer Hut. (Walking Time 2 ½ to 3 hours). Alternatively go anti-clockwise on the Geistbeck Path no. 529 to the Sumpfschartl at 2,666m and the Landshuter Europa Hut. (Walking Time 4 – 4 ½ hours)

#### **Schmirn-Toldern (Car Park Wildlahnertal)**

Follow path no. 525 over the Steinerne Lamm to the Geraer Hut. (Walking Time 3 ½- 4 hours)

#### **Schmirn-Kasern (Car Park in Obern)**

Take path no. 324 to the Tuxerjochhaus. (Walking Time 2 ½- 3 hours)

#### **Schmirn-Kasern-Kleegrubenscharte**

From Schmirn-Kasern path no. 324 to Kaserer Winkl and to the Kleegrubenscharte (path no. 527)



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## *from the Pfitsch Valley*

### **Weiler Platz 1,435m - Landshuter Europa Hut 2,693m**

From the Häusergruppe Platz (bus stop) follow the winding path no. 3A firstly through the forest and then over steep grass meadows and rocky landscapes in the long northerly ascent to the Landshuter Europa Hut. (Walking Time 3 ½ hours)

### **St. Jakob (Innerpfitsch) 1,446m - Landshuter Europa Hut 2,693m**

At the easterly side of the village of St. Jakob follow path no. 3B which leads left from the Nagler river. To begin with it follows a tractor path which then turns into a narrow forest path crossing meadows to the Beilsteinalm. From here the path continues on grass-covered stones to the Landshuter Höhenweg (Tyrolean Alpine Path). From here continue on path no. 3 in a westerly direction to the Landshuter Europa Hut. (Walking Time 3 ½ - 4 hours)

### **Stein - Pfitscherjochhaus - Landshuter Europa Hut**

From Sterzing/ Vipetano take the road into the Pfitsch Valley. Continue along the untarmaced Pfitscher-Joch road for 4 km till the car park at the 4th bend in the road at 1,806m altitude (cars are not permitted any further). At the same bend take path no. 4 to the Pfitscherjoch and the hut of the same name at 2,275m (walking Time 1 – 1 ½ hours), Turn right off path no. 4 onto path no. 4A. At 2,340m altitude you reach the Landshuter Höhenweg (path no. 3). Continue in a westerly direction to the Landshuter Europa Hut. (Walking Time 2 ½ – 3 hours)

## *from the Brenner Pass*

### **Brennersee - Landshuter Europa Hut**

From the bus stop Brennersee at 1,352m walk into the Venn valley on path no. 531. Pass the snack hut and continue in a southeasterly direction to the Landshuter Europa Hut 2,693m. (Walking Time 3 ½ - 4 hours)

### **Parking:**

from the various access points

#### **PARKING IN SOUTH TYROL**

- 4th bend on the Pfitscher-Joch-Road
- St. Jakob Fire Brigade Station
- Sportzone Grube

#### **PARKING IN WIPPTAL**

- Toldern Wildlahnertal
- Alpengasthaus Kasern
- Vals Nockeralmen (near Touristenrast)
- Lake Brennersee

#### **PARKING IN ZILLERTAL**

- Schlegeis Reservoir
- Gasthaus Breitlahner
- Nature Park House Ginzling
- Hintertux Glacier Lifts



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## *Hard Facts - Peter Habeler Route:*

Total length: 56.1 km

Ascent: 4,230.00m

Descent: 4,230.00m

Minimum altitude: 1,345.00m

Maximum altitude: 2,910.00m

